



Ulster County Healthy Families Referral Form

Eligibility: *Anyone pregnant or parenting a newborn (under 3 months old) and lives in Ulster County.*

Healthy Families partners with Ulster County families from pregnancy through age five. We are a free and voluntary program, and our expert staff comes to you!

We meet with families to provide:

- Support in creating a birth vision and preparing for labor and delivery
- Breastfeeding support with Certified Lactation Counselors
- Newborn and infant care support
- Interactive play to encourage your child's development
- Information and activities for school readiness
- Support in accessing preventative healthcare
- Connection to other resources

Referral Information

Name: _____ Date: __/__/__

Date of Birth: __/__/__ Significant Other's Name: _____

Address: _____

Telephone Number: _____ Cell number: _____ Do you prefer a ___ call or ___ text

Due Date or Child's Date of Birth: __/__/__ Preferred Language: _____

I am interested in the following:

- | | |
|--|---|
| <input type="checkbox"/> Parenting support and education | <input type="checkbox"/> Applying for services at DSS (WIC, SNAP, TANF, etc.) |
| <input type="checkbox"/> Resources for Family Planning/ Birth Control | <input type="checkbox"/> Breastfeeding Support |
| <input type="checkbox"/> Finding a medical and/or mental health provider/
Scheduling appointments | <input type="checkbox"/> Other: _____ |

I am interested in learning more about the Ulster County Healthy Families program and give permission for a staff member to call me.

(Signature) (Date)

Referral Source

Organization: _____ Phone Number: _____

Person making referral: _____ Title: _____

**You may fax this referral to Ulster County Healthy Families at: (845) 331-2909.
Or, call: 845-339-8551 and a staff member can assist you in completing a referral.**

**For additional questions or concerns, please contact Erin Castiglione at 845-339-8551 Ext: 3517.
Or, email UHealthyFamilies@institute.org**

Visit us online to learn more!!

