Child Care Connections

FAMILY TIME

July 2023

I's all about Farrily



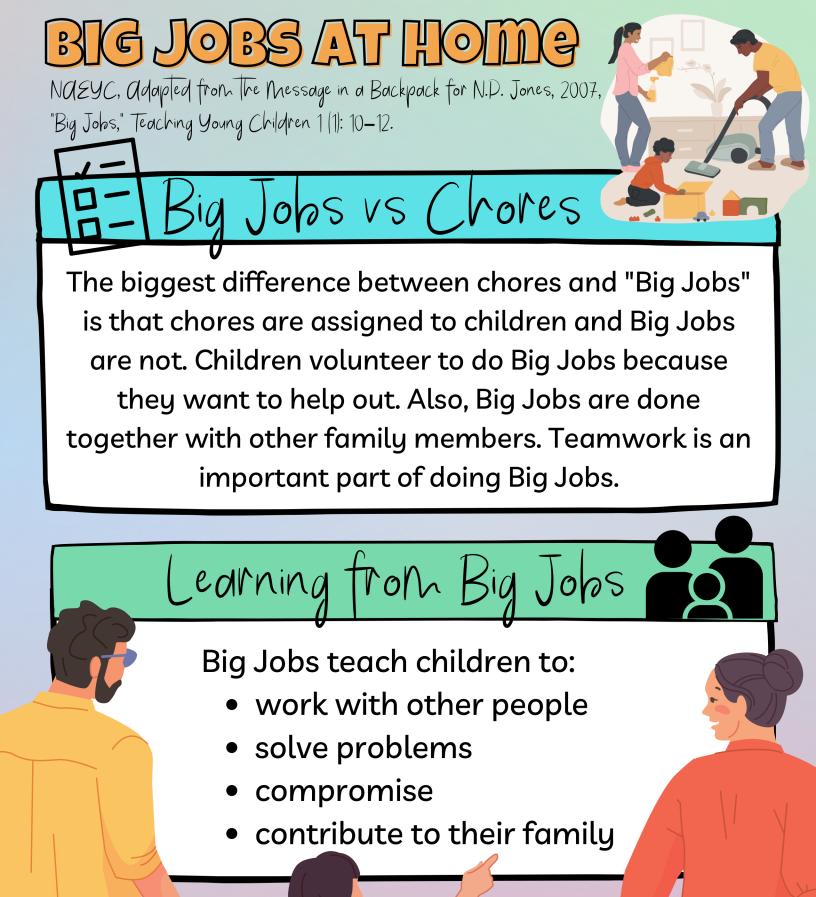
Here at Child Care Connections, we value the Families in our Community and always strive to provide you with the best support services and resources to help you on your parenting journey. This monthly newsletter will include parenting resources and information on important community services, as well as fun at home activities for the whole family!

Have a suggestion or request for an upcoming newsletter?

Contact us at: amurray@fowinc.org

CAUTION CAUTION CAUTION

All kids WANT to help- even though sometimes it doesn't seem like it. Many times we don't let them help even if we could really use it! Why? Because we think it's easier—and faster—to do everyday jobs ourselves. Your child might take 15 minutes to finish a job you can do in one minute. But in 15 minutes your child can learn a lot! Read on to explore different options for letting your kids help out at home.





Big Job Ideas

Age and developmental appropriateness need to be taken into consideration when deciding on Big Jobs, but here are some ideas-

<u>Cooking and baking</u>—washing and peeling vegetables, stirring muffin batter, tearing lettuce leaves to make salad

Gardening—digging holes, planting seeds, raking leaves, weeding, watering plants indoors and outdoors Doing laundry—carrying the laundry basket, sorting, folding, delivering clean clothes to each family member's room

<u>Caring for pets</u>—feeding, brushing, walking, cleaning the cage or aquarium

<u>Cleaning</u>—rinsing dishes, dusting, emptying



Tips for Big Johns at Home

- Keep your child safe. Show your child how to safely use equipment like a rake or a vegetable peeler. Stay close by when it is their turn.
- Try to find child-size tools. They make jobs easier and safer.
- Have fun. Remember, your child chose to help out. Keep it enjoyable and they will want to do Big Jobs all the time.
- Talk while you work together. Chat about what you are doing and whatever else your child wants to discuss.
- Show your appreciation for the work family members have done. Say, "Thanks for setting the table, everyone. We are ready for dinner now, and the table looks beautiful."







Take a look at the attached list of some kid sized tools for helping out at home. Also attached are some ideas to make those everyday chores fun!

In the Community

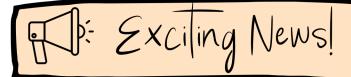
Orange County Fair July 20th-30th 239 Wisner Ave Middletown, NY 10940

Greene County Youth Fair July 27th-30th Mountain Avenue Cairo, NY 12413

> Ulster County Fair August 1st-6th 249 Libertyville Road New Paltz, NY 12561

Dutchess County Fair August 22nd-27th 6550 Spring Brook Ave. Rhinebeck, NY 12572

Columbia County Fair
August 30th-September 4th
182 Hudson Avenue
Chatham, NY 12037



Check out the ALL NEW TINY TIPS Newsletter!

Enjoy monthly tips
and tricks about
caring for our
youngest population.
For more info and to
subscribe, Please
send an email to:

askingmissashley@gmail.com







WHAT ABOUT CHORES?

HOW TO MAKE CHORES FUN

Start with small jobs around the house and lots of encouraging words. Aim to work together as a team. And remember, forcing your child to help, will only deter them more. If they seem like they aren't ready, give them time and space before trying again.

Clean by Color

Have your little one pick things up according to color.

Race the Clock

Have your children try to beat their previous cleaning times.

Have a Dance Party

Put on a favorite song for everyone to clean and dance to. Make sure the whole family has specific tasks.

Chore Chart

Keep the jobs easy.
Your kids will be excited
to mark their progress.
Remember to praise
your little one for a job
well done.

Scavenger Hunt

Make a list of everyday misplaced things. Hand this list over to your children. Set a timer, and see how many items they can put away before the timer goes off. The one who collects the most number of things is the winner and gets a treat.