

Child Care Chatter

A Resource Guide for Child Care Information

SPRING Volume 2023 Issue 1

Family of Woodstock, Inc. Mission Statement

To strengthen the community by providing education on early childhood development and the importance of quality child care, as well as offering resources and referrals to families, businesses, and child care professionals.

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Pictured from top to bottom: Aisha Hosier, Teresa Lewis, Robert Weickel.

In January, members of Child Care Connections, along with CSEA VOICE President Heidi Brandt, attended a Senate Public Hearing to discuss the current and ongoing *Child Care Crisis*. Each testimony read aloud to Senate members fiercely advocated for all of you; our Early Childhood Educators and for Child Care, in general as a grossly overlooked and underpaid profession. Aisha Hosier; Child Care Assistance Program Director- Columbia County, has graciously offered to share her written testimony.

" The child care crisis is very apparent in Columbia County. Our families are struggling to find safe, reliable and affordable childcare for their children. The childcare crisis is even greater for single parent households. Columbia County, as well as most of NYS, is a child care desert. According to the 2020 census there are 10,000 children under the age of 13 and Columbia County only has 30 childcare programs in the entire county. Many of these programs have waitlists that range from 1 to 84 families waiting for a childcare slot. Some providers in Columbia County have the availability to open additional childcare rooms to enroll more children but cannot because they do not have the staff to operate these rooms safely. Finding staff willing to work at a child care facility is difficult for many providers because they cannot afford to pay a livable wage. When NYS increased Market Rates to 80% I had a provider call me to say she is finally able to give her one additional staff member a raise for the first time in 13 years. All of our child care providers put the children they serve first and spend a great deal of money on safe and fun learning activities for the children in their care. Providers cannot continue to live like this."

Continued on next page

ADVOCACY

"Since working at the Child Care Assistance Program, I've witnessed our child care assistance cases decrease by 75%.

This is a major issue because 14% of the children living in Columbia County are living in poverty. The Child Care Assistance Program cannot assist families in paying for childcare if there isn't any childcare to be found. I see families on a regular basis using community groups on social media asking the community to provide child care to their children. Many of these parents feel as if they have no choice but to utilize unregistered providers because that's all they have as a resource. The high cost of child care is another reason families are making the difficult choice to utilize unlicensed and unregistered care. Most families, even those with good paying jobs, cannot afford the high cost of childcare without assistance. The Child Care Assistance Program now serves families who earn up to 300% of the State Income Standard. While this is an increase, it's still not enough for many families to afford childcare and their additional financial responsibilities. This is apparent to me daily as the Program Director of Columbia County's Child Care Assistance Program. I have had to deny several families who are earning above the 300% State Income Standard who then call me because they do not understand how they were denied assistance when they are struggling to provide basic necessities for their family. I've been working with the Child Care Assistance Program for over 5 years now and I've had more calls this year from providers asking for assistance for the families they see struggling on a daily basis. Many providers don't understand why these families are denied assistance. Some providers even let the families get hundreds, sometimes thousands of dollars behind on their childcare bills because they know the parents are doing what they can and cannot discharge the children from their care because they know how detrimental that will be. Many working families are struggling with the increased expenses of housing, utilities, transportation, and food, all of which need to come before childcare expenses.

My husband and I are expecting our first child in April of this year. While we are very excited to welcome this happy addition to our family, we are nervous. As a family of four, my husband and I do not qualify for childcare assistance. We worry about how we will afford safe, reliable childcare for our baby. The saying goes "It takes a village to raise a child" but we, like many other families, do not have that village. Gone are the days where grandparents can watch the baby when mom and dad are working because they too are working later in life. I have a client whose mother dropped down to part time work to care for her grandbabies so her daughter can work. The assistance payments are not enough to cover the lost wages but she makes that sacrifice for her daughter. My husband and I, along with many other families, will need to make the heartbreaking decision that one of us will need to stop working full time to care for our baby. This will put a bigger strain on our family than what we are already facing. We need the state to invest in our youngest citizens by offering a livable wage to childcare staff and by increasing the income guidelines for Child Care Assistance to assist more families in paying for childcare."



Teresa Lewis, Sen. Jabari Brisport, Robert Weickel, Aisha Hosier.



Aisha Hosier, Teresa Lewis, Sen. Rob Rolison, Heidi Brandt, Robert Weickel

OCFS NEWS

OCFS APPROVED TRAINING ORGANIZATIONS

Direct links can be found on the ECETP website - www.ecetp.pdp.albany.edu. Once there, locate the blue-ish/purple banner and navigate to the find button. Then click on the "Find OCFS Approved Distance Learning" on the drop down.



- AIR Training Solutions
- American Academy of Pediatrics
- American Heart Association
- American Red Cross
- Ashworth College
- Atlas Training, Inc.
- Belay
- Bertelsen Education
- Better Kid Care
- Bright Minds Training
- Care Courses
- Change Impact
- ChildCare Education Institute (CCEI)
- Child Care Lounge
- continued®
- CypherWorx
- The Early Childhood Academy
- Health and Safety Institute (ASHI)
- H & H Childcare Training Center
- HiMama
- Miss Trish's Wellness Teachings and Techniques

- New York State Department of Health (for non-CACFP participants)
- New York State Department of Health (for other health-related courses)
- New York State Office of Children and Family Services (Child Care Training)
- Office of Head Start
- Penn Foster College & Career School
- Professional Development Program
- ProSolutions Training
- Pyramid Model Consortium
- Quality Assist, Inc.
- Relias
- SafeGard Classes Online
- Smart Horizons
- Successful Solutions Training in Child Development (CDA Stars)
- Teaching Strategies
- Teachstone
- Veto Violence (CDC)
- Zero To Three



CACFP NEWS

Attention all CACFP programs: Monitors are resuming unannounced visits. Please be sure that your attendance, meal count, menu and enrollment forms are up to date and are being updated on a daily basis. Thank you for your continued participation in the food program and for ensuring that the children in your care are receiving nutritious meals and snacks.



Top Five Tips

for Picky Eaters

Every kid is a picky eater at some point or another. It's not only a challenge for parents at home but it's also a struggle for child care providers. While we can't promise your kids will be jumping at the chance to try brussel sprouts or liver and onions, we can offer some strategies that may help.

1 Try & try again. Introducing new foods takes a lot of patience with picky eaters. Don't try to force it. Implement the, "one bite to be polite" rule. It's okay for children to not like certain foods but they won't know unless they try it first. They just might surprise themselves and find a new favorite.

2 Get them involved. Children are more likely to try something they are involved in creating. Have your kids help with the meal planning. Create new, fun names for classic dishes such as Monster Meatloaf. Then have them help with meal preparation. Give each child a job that is age appropriate such as washing vegetables, cutting fruit with plastic knives or stirring noodles.

3 Explain the why. Talk to picky eaters as you offer healthy choices. Ask them, "Why are you eating carrots?" Teaching children about the food they're eating and where it came from, encourages them to try it.

4 Ask parents for help. Parents know their children best. Ask them what their children's favorite foods are and what tricks may work at home? Working together, you can conquer the walls of a picky eater. Give parents a copy of your weekly menu to help them avoid serving the same dish at home.

5 Make it fun. Mealtime should be a fun and engaging experience. Add color to foods. Who doesn't like to eat green eggs and ham on Dr. Seuss Day? Cut sandwiches into shapes, make up imaginative names for fruits and vegetables, and introduce different ways to eat food, like using chopsticks.

Kitchen Helpers Age Appropriate Tasks		
2 YEAR OLDS	3 YEAR OLDS	4 YEAR OLDS
✓ scrub, wash & clean vegetables & fruit	✓ pour pre-measured liquids into batter	✓ peel, mash, scrub fruit & vegetables
✓ carry unbreakable items to the table	✓ knead dough	✓ crack open/beat eggs
✓ wash and tear lettuce & salad greens	✓ mix dry ingredients	✓ cut soft foods with plastic knife
✓ break bread into pieces	✓ spread butters or spreads	✓ set and clear table
	✓ serve food, clear table & care for trash	✓ measure dry ingredients
		✓ clean up after cooking



CACFP NEWS



A Pan with a Plan

Using Sheet Pans for CACFP Recipes

Looking for recipes with quick preparation and minimal cleanup? Using a sheet pan is a wonderful way to serve up #CACFPcreditable meals without a lot of hassle. For many sheet pan recipes, all you need is one 9x13 sheet pan, a large bowl for mixing, some cups for measuring, and your oven!

We want to show you two great methods for using sheet pan recipes in the CACFP. The first is probably what you think of when you hear "sheet pan recipes," which is preparing your meat/meat alternate alongside roasted vegetables. This is an especially great method if you want to replace the fruit component with a second, different vegetable. But sheet pans can also be a great method for baking!

Try These Recipes!

Each recipe makes eight servings for ages 3-5 unless noted.



Veggies First!

- 1.5 lbs chicken breast in 1" cubes
- 2 cups butternut squash in 1/2" cubes • 2 cups small broccoli florets
- 1/2 medium onion, sliced
- 3 tbsp olive oil
- Seasonings to taste

Preheat the oven to 450° F. Combine all ingredients in a large bowl and spread out on a baking sheet. Cook for 20 minutes, gently tossing halfway through. Serve 1 cup with 1/2 oz eq. grain and 3/4 cup milk.



Sheet Pancakes

- 2 cups whole wheat pancake mix
- 2 cups milk
- 2 tbsp oil
- 2 eggs
- 8 cups mixed berries

Preheat the oven to 425° F. Prepare the pancake batter as directed on the box. Mix 4 cups of the mixed berries into the batter. Pour onto greased sheet pan and bake for 12-15 minutes, until a toothpick comes out clean. Makes 16 servings. Serve with 3/4 cup milk and 1/4 cup mixed berries.



Sesame Tofu & Veggies

- 2 (14 oz) blocks of tofu, drained and pressed
- 2 1/2 cups baby carrots
- 2 1/2 cups green beans, trimmed
- 2 tbsp corn starch
- 2 tbsp sesame oil, separated
- 4 tbsp soy sauce
- 3 cloves garlic, minced
- 2 tbsp ginger, minced
- 2 tbsp maple syrup

Preheat the oven to 425° F. Cut each block of tofu into four smaller blocks, and then cut each block into eight cubes. Toss the tofu in corn starch and 1 tbsp sesame oil and lay out on the sheet pan. Place the vegetables on the pan in separate sections. Whisk together the remaining 1 tbsp sesame oil, soy sauce, garlic, ginger and maple syrup, then drizzle over all ingredients, tossing gently in the pan to coat. Cook for 20-25 minutes, flipping the tofu halfway and tossing the vegetables once more. Serve 8 tofu cubes with 1/4 cup of each vegetable, along with 1/4 cup cooked rice and 3/4 cup milk.



Crescent Roll Pizza

- 1 (8 oz) tube crescent roll dough sheet
- 1/2 (28 oz) can crushed tomatoes
- 10 oz mozzarella, shredded
- 3 oz turkey pepperoni
- 1 cup green pepper, diced
- Seasoning to taste

Preheat the oven to 375° F. Lightly grease the pan and roll the dough sheet onto it. Bake for 10 minutes and remove. Spread crushed tomatoes over the dough, leaving room for a crust and sprinkle on desired seasonings. Top with cheese, pepperoni and green peppers. Bake for 10-12 more minutes, then cut into eight slices. Serve one slice with 1/4 cup fruit and 3/4 cup milk.



PHYSICAL ACTIVITY & NUTRITION

Keeping up with the KIDDOS

If you have little ones in your program, then you've experienced what it's like to try and keep up with an energetic toddler or preschooler- BUT did you know that children of all ages need at least **THREE** hours of physical activity each day? Below is a list of some fun games for you and the kiddos in your care.

Animal Walk: Inside or out, encourage the children to "slither like a snake", "Hop like a Frog", "Gallop like a horse" or "Walk like a bear on all fours"!

Keep the Balloon Up: Have the children use their hands, feet, a pool noodle, etc. to keep the balloon afloat! *always supervise children when playing with a balloon- Broken balloons are choking hazards*

Puddle Jumping: Put those rubber boots on and JUMP! Kids love puddles AND getting wet!

Wet Sponge Painting: On a sunny day, gather up some sponges and a tub of water- Let your kiddos "Paint" with sponges and water on cement or walls.

Dig for Treasure: Hide some toys for "treasure" in your sandbox, and let the kids dig the treasure out! Then let them hide the treasure so you can find it!



PHYSICAL ACTIVITY & NUTRITION

Simon Says: This is your chance to be SILLY! Take turns being Simon...be ready for some giggles!

Fly a Kite: Make or buy a kite. On a breezy day, go out and let it SOAR!

Freeze Dance: Play some fun music and dance up a storm!

Bubbles; Try using different items to blow bubbles; a strainer, spatula, different sized wands, etc. Help your child blow bubbles OR you blow the bubbles and let your child chase them!

Avoid the Shark: Cover your floor with foam tiles or towels, then have your child hop from one to the other to avoid the shark!

Make an Obstacle Course: Have the kids crawl under tables, climb over chairs, jump through a hula hoop...let your imagination run wild!

Above all HAVE FUN!
Be the example for your children and play right along with them! After all- Adults need Physical Activity too!



INFANT & TODDLER NEWS

INFANT & TODDLER NEWS

● ● ● **SPRING 2023** ● ● ●

INFANT & TODDLER SERVICES

- Assistance with challenging behavior
- Classroom/ Program environment
- Caregiver self-care strategies
- Mental health, wellness and mindfulness
- Program start-up and organization
- On-site and off-site staff training
- Provider Networking
- Needed materials



INFANT & TODDLER CAREGIVERS!

Check out the **TINY TIPS** Newsletter for monthly tips and tricks about caring for our youngest population.

For more info and to subscribe, Please send an email to:

askingmissashley@gmail.com

TINY TIPS
Newsletter

For the Caregivers of
our Tiniest Humans



hello

Welcome to the Tiny tips
Newsletter!

As an Infant & Toddler Specialist, it is my goal to support families and caregivers as much as possible. My hope is that by offering these tiny tips, I am also helping families and caregivers fill their "toolboxes" with quick strategies to pull from when the little humans are making things a bit DIFFICULT.

miss ashley

advantage of this opportunity to ask me any question to infant & toddler care and development! I will always get back AND will choose someone's question to spotlight in an upcoming "Tiny Tips".

one question this month:

and lightning temper of a three-year-old who melts down and gets VERY easily frustrated?"

AVAILABLE TRAINING

- **ALL NEW** Caring Spaces 2.0 Endorsement- for new and fully endorsed programs
 - **ALL NEW** Responsive caregiving and the Importance of Play
 - Supervision and Challenging Behavior
- *Individualized training as needed*

Interested in targeted training or technical assistance?

CONTACT ME:

Ashley Murray

Infant & Toddler Specialist

(845) 331-7080

amurray@familyofwoodstockinc.org



CHILD CARE ASSISTANCE PROGRAM

REMINDER

If you know of a family that could use assistance paying for Child Care, they may be eligible for Child Care Assistance (formerly known as Daycare Subsidy).

The Child Care Assistance Program is Federally funded and aims to assist and support families of young children who are struggling with the cost of child care.

Who is Eligible?

- A caretaker/ parent of a child or children under the age of 13 years old.
- Must be actively employed or enrolled in an approved vocational or 2 year college program.

** All household income (wages, tips, child support, social security dividends, etc.) are used to determine eligibility according to NYS eligibility guidelines.



	June 1, 2022-July 31, 2022	Effective August 1, 2022
Family Size	200% NYS Income Standard	300% NYS Income Standard
2	\$36,620	\$54,930
3	\$46,060	\$69,090
4	\$55,500	\$83,250
5	\$64,940	\$97,410
6	\$74,380	\$111,570
7	\$83,820	\$125,730
8	\$93,260	\$139,890
9	\$102,700	\$154,050
10	\$112,140	\$168,210

Interested Families can now utilize a ***brand new*** pre-qualification questionnaire to see if they would be eligible for child care assistance. This short questionnaire can be found on the OCFS website and at the following link:

<https://hs.ocfs.ny.gov/CCAPeligibility/>



SAFETY

SPRING/SUMMER SAFETY

- 
- CHECK OUTDOOR EQUIPMENT FOR WEAR/DAMAGE AND REPLACE/FIX AS NEEDED
 - TEST POOL ALARM AND DOOR ALARMS
 - UPDATE PERMISSIONS FOR SUNSCREEN, INSECT REPELLENT, ETC. AND PLACE IN CHILD FILES
 - ENSURE YOU HAVE A MEDICATION LOG ON FILE AND IT'S FILLED OUT EVERY TIME YOU APPLY THE ABOVE
- WATCH FOR SIGNS OF HEAT ILLNESS



CHECK FOR TICKS ONCE INSIDE



PLAN OUTDOOR TIME DURING OFF PEAK SUN INTENSITY - BEFORE 10AM AND AFTER 3PM

Reach out to your registrar/licensor if you have any questions!

SEASONAL TIPS

TICK BITE PREVENTION!

Even though ticks are still active in cooler temperatures, the arrival of Spring and approaching warmer weather means ticks will become more prevalent. Tick bites from an infected tick can transmit several diseases, including bacterial infection Lyme disease; the commonly reported tick-borne disease in NY state.

The optimal way to prevent tick bites and possible infection is to take simple and effective precautions, especially when hiking, working, or spending time in wooded or grassy areas (including outdoor play yards!)

- Wear long pants and long sleeved shirts
- keep long hair tied back, especially when gardening
- Check for ticks often while outdoors and brush them away before they attach
- Perform a full body check multiple times a day, as well as at the end of the day to ensure that no ticks are attached- Encourage parents to check their children when they arrive home.
- Tumble clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after coming indoors. if clothes are damp, additional time may be need
- Consider using repellants that are approved to use in program

NEW TRAINING OPPORTUNITIES

Insurance Coverage for In-Home Child Care: What to Know

WHEN: April 21, 2023
10am-12pm

WHERE: Child Care Connections
351 Fairview Ave
Suite 310
Hudson, NY



This 2-hour training will discuss why having insurance for your program is important, as well as what you can do to reduce claims, how to choose a policy, what coverages are needed, and why your homeowner's policy may not be sufficient to protect you in the case of a lawsuit.

You can register by sending an email to
gjacklitch@familyofwoodstockinc.org

NEW TRAINING OPPORTUNITIES



MID HUDSON VALLEY LEADERSHIP DAY

Engage • Inspire • Celebrate

May 12, 2023

PROFESSIONAL DEVELOPMENT, NETWORKING, EXHIBITS & GIVEAWAYS

8:00am-3:30pm

The Venue Uptown (Best Western Plus), 503 Washington Avenue, Kingston, NY 12401

Leadership Day is for Child Care Center and School-Age Child Care Directors, Group & Family Day Care Owners, Early Childhood Education Program Educators, and Administrators.

You do not have to choose workshops. You will hear ALL of the amazing presenters in one room.



As leaders in the early childhood education field, you are the foundation of the care and education provided to children in our community. **Mid-Hudson Valley Leadership Day** is all about helping you bring out the best of your gifts and talents to continue to build a strong foundation. Come be renewed with other leaders from our region, sharing in the desire for positive, fulfilling environments for our children, our families, our teachers, and ourselves. You will find inspiration in empowering, engaging training sessions and in networking with leaders who share your passions.

***Scholarship funding** for this training may be available through the Educational Incentive Program (EIP). Visit ecetp.pdp.albany.edu OR call (800) 295-9616 OR email eip@albany.edu.

Topics covered include Principles of childhood development, focusing on the developmental stages of the age groups for which the program provides care, Child day care program development, Business maintenance and management, Safety and security procedures, Nutrition and health needs, Adverse Childhood Experiences focused on understanding trauma and on nurturing resiliency.

The MHV Leadership Day has been approved for 6 hours credited to your OCFS-required training hours.

8:00–8:30am	Registration / Breakfast / Exhibitors
8:30–8:45am	Welcome
8:45–10:15am	Carol Garboden Murray, M.Ed.: <i>Illuminating Care: The Pedagogy and Practice of Care in Early Childhood Communities</i>
10:15–10:30am	Morning Break / Exhibitors
10:30–11:30am	Jess Robie: <i>Working with the "Modern Family"</i>
11:30–12:30pm	Lunch & Learn: <i>Ulster BOCES ECE Class Diaper Bank Creation Community Playthings & QUALITYstarsNY</i>
12:30–2:00pm	Rosemarie Lawton: <i>Caring Spaces</i>
2:00–2:15pm	Afternoon Break / Snacks / Exhibitors
2:15–3:15pm	Wendy Wollner: <i>The 5 Buckets Principle™</i>
3:15–3:30pm	Basket Giveaways & Closing Remarks

Raffle tickets (4) will be given with the donation of unopened infant/child hygiene products (diapers, wipes, creams). Additional Raffle tickets \$5 each. Vendors donate raffle item (\$20 value). All proceeds from the Raffle will go to the creation of Ulster County Diaper Bank.

Registration ends on MAY 1st. Please Register at the following link:

<https://secure.givelively.org/event/family-of-woodstock-inc/mid-hudson-valley-leadership-day-2023>

NEW TRAINING OPPORTUNITIES

Contracts & Policies

What's it About?

This training emphasizes the importance and legal benefits of having contracts and policies for childcare businesses.

Detailed information will be provided on the differences between contracts and policies, and the basic elements needed to create documents that meet the needs of an individual's business. We will cover the NYS OCFS regulations that must be included for each modality of care.



When?

Tuesday May 16th
6:30-8pm
Columbia-Greene Child Care
Connections office
351 Fairview Avenue, Suite 310
Hudson, NY 12534.

Registration

Registration is required to participate.

send email to: kaltu@fowinc.org
or call (845) 331-7080
to Register
This training is free of charge

Core Competency Areas

6. Professionalism and Leadership
7. Administration and Management

OCFS Training Topics

(3) Child day care program development
(5) Business record maintenance and management
(7) Statutes and regulations pertaining to child day care

NEW TRAINING OPPORTUNITIES



Menu Planning on a Budget

* How can we still serve our children healthy, nutritious meals while the cost of groceries continues to rise? Join Child Care Connections for a training on how to plan CACFP creditable menus on a budget without compromising on quality! We will prepare a few menu items together while covering menu planning, meal preparation, bulk preparation and storage, tracking and stocking what's in the pantry, and answering any other questions that you may have. The training is \$15 (free to CACFP participants), and will meet CACFP training requirements.

May 17th 2023, 6 to 8 p.m.

2 Fox Run Road, Milton NY 12547

RSVP to rweickel@familyofwoodstockinc.org by 05/12/2023



CHILD CARE CONNECTIONS

Keeping child care programs, parents and communities connected.



NEW TRAINING OPPORTUNITIES



FREE TRAINING ALERT!

Conflict Resolution in Childcare Programs *Tools for Administrators*

This 3 hour training is designed for childcare program administrative staff, directors, assistant directors, family day care owners, and group family owners. If you have ever had a conflict with a teacher, a parent, or between teachers and parents that left everyone with a sour taste in their mouth, this training is for you! Emotions can run high when managing the safety and care of children. This training will provide practical conflict resolution skills that administrators can use immediately, as well as provide information on community resources that are available when you need extra help resolving a situation! Conflict is inevitable, so come learn the tools to manage it more peacefully.

When: May 25th, 2023

Time: 5:30pm-8:30pm

Cost: Free

Location: Brightside Up, 91 Broadway, Menands, NY

Aspire Event Id: 472573

CONTACT RPISCIOTTA@FOWINC.ORG TO REGISTER YOUR SPOT TODAY!

NEW TRAINING OPPORTUNITIES

Provider Networking



A child's life is like
a piece of paper
on which every person
leaves a mark.

June 8 th , 2023 6:00-8:00 pm with Katrina Lalonde

Hosted by Dr. Spencer at
JACER Fundamental Beginnings, LLC
Wallkill, NY

This training provides a safe space for open discussion and support. Providers will bring their strengths to the table to help others and their weaknesses to seek support for themselves. We will discuss the ASPIRE registry, how to find trainings, and how ASPIRE can help keep track of a provider's professional record. Local resources will be discussed and each participant will be able to identify at least 2 new resources that they will use in their programs and, or share with their childcare families

Open to FDC- GFDC modalities
To Register please Email Klalonde@fowinc.org

OCFS Topics Covered 3,5,7,
Core Competency areas 2,6,7

NEW TRAINING OPPORTUNITIES**CPR & FIRST AID
TRAINING****ABOUT THE TRAINING**

This training will cover infant, child, and adult CPR/First Aid procedures and practices as defined by the Red Cross.

Participants will receive Infant/Child/Adult CPR/First Aid certification upon completion. This will meet licensing/registration requirements for child care providers and staff.

Once registered, participants will receive a link to an online portion of the training to be completed before the in person skills assessment. The skills assessment is four hours long and will be held in-person.

KINGSTON

SATURDAY, MAY 20TH
9AM-1PM

LINK TO REGISTER:

<https://secure.givelively.org/event/family-of-woodstock-inc/cpr-first-aid-training-5-20-2023>

SATURDAY JUNE 17TH
9AM-1PM

LINK TO REGISTER:

<https://secure.givelively.org/event/family-of-woodstock-inc/cpr-first-aid-training-6-17-2023>

HUDSON

SATURDAY, JULY 15TH
9AM-1PM

LINK TO REGISTER:

<https://secure.givelively.org/event/family-of-woodstock-inc/cpr-first-aid-training-7-15-2023>

RESOURCE CORNER



Children's Books

The Children's Book List includes diverse examples of books that can be used to promote social-emotional skills such as feelings and emotions, friendships, kindness, and problem solving. The list is not meant to be exhaustive. Additional books will be periodically added to the list. For more information about individual books, visit the [Children's Books](#) list on the NCPMI website.

Title	Author
ABCs of Kindness	Samantha Berger
A Feel Better Book for Littler Worriers	Holly Brochmann, Leah Bowen
All Are Welcome	Alexandra Penfold, Suzanne Kaufman
Baby Be Kind	Jane Cowen-Fletcher
Be Kind	Pat Zietlow Miller
Buddy the Bulldozer Learns to Calm Down	Arica Marshall
Calm Down Time	Elizabeth Verdick
Can I Play Too?	Mo Williams
Can You Make a Happy Face	Janice Behrens
Eyes That Kiss in the Corners	Joanna Ho
Families	Shelley Rotner
Hair Love	Matthew A. Cherry
Happy Hippo, Angry Duck	Sandra Boynton
How do I feel? A book about emotions	
How Full is Your Bucket? For Kids	Tom Rath
I'm Happy Sad Today	Lory Britain
If You're Happy and You Know It!	Jane Cabrera
It Will Be Okay	Lisa Katzenberger
In My Heart: A Book of Feelings	Jo Witek
Jabari Jumps	Gaia Cornwall
Join in and Play	Cheri Meiners
Julián is a Mermaid	Jessica Love

Title	Author
Language That We All Can Speak	K. Read
Little Fox Has Feelings	Didi Dragon
Meesha Makes Friends	Tom Percival
Meeting Mimi: A Story About Different Abilities	Francie Dolan
On Monday When It Rained	Cherryl Kachenmeister
Poor Little Rabbit	Jörg Muhle
Remarkably YOU	Pat Zietlow Miller
Rex Wrecks It!	Ben Clanton
Roaring Mad Riley	Allison Szczecinski
Stella Brings the Family	Miriam B. Schiffer
Strictly No Elephants	Lisa Mantchez
The Colors of Us	Karen Katz
The Kissing Hand	Audrey Penn
The Many Colors of Harpreet Singh	Supriya Kelkar
The Pout Pout Fish and the Mad Mad Day	Deborah Diesen
Together We Can	Caryl Hart
What If I Know My Feelings ?	Michelle Nelson-Schmidt
When I Am/ Cuando Estoy	Gladys Rosa Mendoza
When We Are Kind	Monique Gray Smith
You Are a Lion! And Other Fun Yoga Poses	Taeun Yoo



National Center for Pyramid Model Innovations | [ChallengingBehavior.org](#)

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Pub: 08/16/22

<https://challengingbehavior.org/implementation/program-wide/books/>

ABOUT US



About Child Care Connections

Child Care Connections (CCC) is the local Child Care Resource and Referral Agency (CCR&R), one of 35 CCR&Rs across the state. CCC offers free referrals to parents seeking legal child care, provides regulatory oversight of Family Child Care and School Age Child Care programs in Columbia, Greene and Ulster Counties, and serves as the local sponsor of the Child and Adult Care Food Program, which is a federal reimbursement program for providers serving nutritious meals and snacks to the children in their care. CCC also is a local resource for the community, offering Infant Toddler Specialist services for providers, and offering expertise in the areas of child growth and development.



About Family of Woodstock, Inc.

Family of Woodstock, Inc. (Family) is a multi-program human service agency providing services throughout Ulster and surrounding counties. Founded in 1970, Family's principal focuses are crisis intervention services, emergency shelters, residential and non-residential domestic violence services, child care programs, case management and care coordination services, and food programs.

SPECIAL NEWS

BABIES

On Board!

Aisha



IT'S A
BOY

Nicole



STAFF DIRECTORY

Your Child Care Connections Staff



Team Leader of Child Care Services Ulster, Columbia & Greene

Kerry Wolfeil, • (845) 331-7080, ext. 134 or (518) 822-1944, ext. 103

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Program Director

Penny Dombrowski, ext. 132

Assistant Program Directors

Ashley Murray, ext.136

Katrina LaLonde, ext. 138

Robert Weickel, ext 171

Parent Referral Manager & Consumer Education

Robert Weickel, ext. 171

Registrars

Nicole Robinson, ext. 135

Katrina LaLonde, ext.138

CACFP Specialist

Robert Weickel, ext. 171

Legally Exempt Managers

Laura Pearson, ext.173

Ramona Sanchez ext. 170

Physical Activity and Nutrition Education Manager

Tracy Snyder, ext.157

Stabilization/Desert Grants Manager, CACFP trainer

Kaity Altu, ext. 130

Training Supervisor

Katrina LaLonde, ext. 138

Infant & Toddler Specialist

Ashley Murray, ext. 136

Mental Health Infant & Toddler Specialist

Rebecca Pisciotta, ext. 168

Reception

Margie Knox, ext. 101

Columbia & Greene County Staff (518) 822-1944

Program Director

Suzanne Holdridge, ext. 105

Assistant Program Director

Kristin Scace, ext. 104

Registrar

Teresa Lewis, ext. 102

Parent Referral Counselor

Kristin Scace, ext. 104

CACFP Specialist

Kristin Scace, ext. 104

Legally Exempt Manager

Grace Jacklitch, ext. 107

Outreach & Grants Manager

Grace Jacklitch, ext. 107

Mental Health Infant & Toddler Specialist

Rebecca Pisciotta, ext.103

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