



# Child Care Chatter

*Resource Guide for Child Care Information*



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## Adverse Childhood Experiences & Resilience

As childcare professionals, at some point, you have experienced challenging behavior in your program. Managing challenging behavior courses have been a staple from OCFS for years; yet, it typically teaches providers how to manage the behaviors, rather than decipher and change them for greater health outcomes that cover a lifespan. This approach is similar to taking cough medicine to stop coughing, and never discovering the root of the problem to keep it from returning.

New data shows that the prevalence of a child’s exposure to adverse childhood experiences (ACEs) can create not only short term health and behavioral problems, but also create lifelong issues including a shortened life expectancy. This is because ACEs creates toxic stress for children, which then alters brain chemistry and response systems within the body. ACEs can be anything from child abuse and neglect, to mental illness in the home or the loss of a parent whether through divorce, death, imprisonment, or abandonment. Also included are children who are witnessing violence in their neighborhoods and/or at home. The affects to these experiences include, but are not limited to, anxiety, substance abuse, depression, heart disease, Alzheimer’s, and behavioral problems. Dr. Burke Harris, one of the leaders in the ACEs movement, conducted her own study which concluded that her patients with four or more ACEs were twice as likely to be overweight or obese and 32.6 times as likely to have been diagnosed with learning and behavioral problems (Burke Harris, N., 2018). Therefore, it is imperative that childcare professionals look to the root causes of behavior and be proactive rather than reactive.

Beating ACEs is possible and as a childcare professional, you are one of the first in the line of defense to change childhood outcomes! It is all possible by building resilience. Studies have proved that the brain structure of children who had high quality care, was changed to look like that of a child that did not experience ACEs (N. Burke-Harris, personal communication, May 7, 2018). High quality care is the key!

To learn more about ACEs, how to build resilience, and become an ACEs informed program, look for our upcoming trainings featuring the ground breaking film, “Resilience: The Biology of Stress & The Science of Hope.” During these trainings you will learn how to utilize the ACEs scoring sheet, as well as, the resilience scoring sheet to dive deeper into challenging behavior and how to positively work through it.

### References:

Burke Harris, N. (2018). The Deepest Well: Healing the Long-Term Effects of Childhood Adversity. Boston: Houghton Mifflin Harcourt

*Submitted by Lindy Pagliaroni*

### ***Mission Statement***

*To strengthen the community by providing education on early childhood development and the importance of quality child care, as well as offering resources and referrals to families, businesses, and child care professionals.*

## CACFP NEWS

## DOCUMENTING THOSE WHOLE GRAINS

Recently, the question of whether a **WGR** notation is required on your CACFP menus came up in our office, resulting in a call to CACFP for verification. Having this notation on the menu makes it a **LOT** easier for us to check your menu, but their response was, “NO, it is not required, as long as there’s an obvious qualifying item on the menu for each day.” An “*obvious qualifying item*” would be; whole wheat bread (or any whole wheat item), oatmeal, Cheerios, **brown** rice (white rice is **not** a whole grain rich item), **brown** rice cakes, Triscuits, Wheat Thins, granola (as long as it’s no more than 6 grams of sugar per ounce), whole wheat pizza crust, etc. **You get the idea!** I actually prefer to see Whole Wheat or WW Bread, instead of WGR, on your menu because then I know you served Whole Wheat bread instead of Wheat bread (BIG DIFFERENCE), or an item that the manufacturer states is “made with whole grains” which may, or may not, actually be a whole grain rich item. If an item’s name is not an obvious whole grain rich one, then you would need to use the WGR notation. Please look over the handouts we’ve sent to you, to make sure that you’re serving is a whole grain rich item, and call your program monitor if you’re unsure.



## IS CORN A WHOLE GRAIN?

(Excerpted from Iowa State University Extension)

Another topic which recently came up at the office, was whether corn tortillas are a whole-grain-rich item, or not. Seems like a simple question, but the answer was not quite so simple. Turns out, corn is a whole grain if the bran, germ, and endosperm are all left intact, just like whole wheat. If the corn is milled or degermed, to remove the bran and germ, then it is a refined grain and not whole-grain-rich. When buying products made with corn, such as corn tortillas, taco shells, or cornmeal, be sure to look for words in the ingredient list like “whole corn” or “whole grain corn”, to identify that it is a whole grain, and use the WGR notation on your menu. Some products might say “limed whole grain corn” or “limed corn” in the ingredient list. Limed corn is corn that has been soaked in limewater as part of the process in preparing it to be used for food preparation. Some benefits of limed corn are that it is more easily ground, the flavor and aroma are improved, and the food safety of the corn is improved. Limed corn can be a whole grain or refined grain so it is still important to look for products made from whole grain corn.

Submitted by Cindy Eggers

## NATIONAL CACFP WEEK

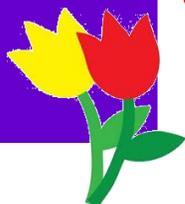
## Happy SPRING

*Did you know that National CACFP week is held each year the first week of Spring?*

CACFP Week is a national education and information campaign designed to raise awareness of how the USDA’s Child and Adult Care Food Program works to combat hunger and bring healthy foods to the table for adults in day care and children in child care homes, centers, and in after-school and summer feeding programs across the country.

## Small Hands Crafting

White construction paper, forks, washable paints, and paint brushes are all you need to create tulip art! Using the back of the fork, rock it back and forth in the paint to cover the tines. Using the fork as a stamp and with the same motion, print these “tulips” onto white paper. Complete flowers by brushing on stems and petals!



Submitted by Dawn Meyer

Fruit-a-licious  
Breakfast Cup

Low-Fat Yogurt  
Whole-Grain Cereal  
Fruit  
Using a spoon, layer yogurt, cereal and fruit in a cup to create a fun pattern.

## Spring Balloon Soccer

Split the children into 2 teams. Create a soccer goal for each team by placing a laundry basket on its side. Using only their feet have kids try to get the balloon into the other team’s goal.

## Spring Balloon Tennis

Create rackets by taping a stir stick to the back of paper plates. Using only the rackets, have your kids try to keep the balloon from touching the ground.

ACTIVITIES & FUN



It's almost Easter, and you know what that means...candy, candy, and more candy. So, put that sugar rush to good use and help kids get active! This adorable Easter egg themed game can be completed in minutes; simply write or type physical activities such as, bunny hops, jumping jacks, and marching, on strips of paper (include how many repetitions of the exercise as well). Place one activity in each egg, place all of the completed eggs in an egg carton for easy organization, and your good to go!



Submitted by Lindy Pagliaroni

NO-COOK KOOL-AID PLAYDOUGH

INGREDIENTS

- 1 cup water
- 1 TBSP vegetable oil
- 1 packet Kool-Aid unsweetened drink mix
- 2 cups all purpose flour
- 1 cup fine kosher salt



HOW TO MAKE IT

Stir together water, oil, and kool-aid in a medium bowl. Stir together flour and salt in a large bowl. Add water mixture to flour mixture and stir well. Mix with hands until combined and smooth (3-5 minutes).

Submitted by Laurie Harden

KOOL-AID EASTER EGGS



Supplies Needed:

- Kool-Aid packets
- 2/3 cup water (or 1/2 for brighter colors)
- Cups
- Spoons
- Hard boiled eggs

Put the water in the cups and mix in the kool-Aid packet. Stir ALOT to dissolve the colors. Put a hard boiled egg in the cup and let sit for 15 minutes, turning with a spoon once between. Take it out and let dry!

Submitted by Jessica Markle

PROVIDER SHOUTOUT



Check out this EGGCELLENT experiment!!

To test out this experiment in making rubber eggs, the Mountain Rise Daycare put eggs in jars with vinegar, added food coloring to one jar and left the other just vinegar. They let them sit for two days. Ms. Kaity and her little scientists kept watch over the two days as the shells dissolved and the eggs turned into rubber eggs! They were even able to bounce them a tiny bit, very gently of course.

(Note: eggs do not have to be hardboiled, however, hardboiled eggs will create a sturdier rubber egg).



Both projects are from Mountain Rise Daycare (FDC in Lake Katrine)

Check out these adorable little love bugs! What a wonderful way to celebrate Valentine's Day together!

## FROM OUR REGISTRARS

### OUR GROWING **INFANT TODDLER** SPECIALIST NETWORK!



Ashley Murray is the new Infant-Toddler Specialist for Ulster, Columbia and Greene counties. She has an academic background in early childhood education and received a bachelor's degree in child and adolescent psychology. Before joining Family of Woodstock, Ashley had already gained 15 years of experience in the child care field. She has worked in both home and center based child care programs; most recently as the Lead Teacher in an infant-toddler classroom. As an Infant-Toddler Specialist, Ashley will be available for in-depth technical assistance, trainings and other forms of assistance to help support the success of infant-toddler programs and educators across these three counties. Please call Ashley at 845-331-7080 ext. 173 (Ulster County) or 518-822-1944 ext. 106 (Columbia and Greene Counties) or [amurray@familyofwoodstockinc.org](mailto:amurray@familyofwoodstockinc.org).

*Submitted by Kerry Wolfel*

## LICENSING & OCFS NEWS

In 2018 there were 1130 various types of inspections conducted in Columbia, Greene and Ulster Counties, that may have resulted in violations. The most common violations during the inspections were:

1. All Child day care programs must have at least one caregiver, who holds a valid certificate in cardiopulmonary resuscitation (CPR) and first aid, on the premise of the child care program during the program's operating hours.
2. The program must maintain on file at the family day care home, available for inspection by the Office or its designees at the time, the following records in a current and accurate manner:
  - (6) children's health records, including parental consents for emergency medical treatment; child's medical statement and immunizations; any available results of lead screening; the name and dosage of any medications used by a child and the frequency of administration of such medications; and a record or illnesses, injuries occurring while in care, and any indicators of child abuse or maltreatment.
3. Evacuation drills must be conducted at least monthly during the hours of operation of the group family day care home.
4. Barriers, porches, decks or stairs with more than two steps must have railings with a barrier extending to the floor or ground to prevent children from falling. Acceptable types of barriers include, but are not limited to, balusters, intermediate rails, and heavy screening.
5. The program must maintain on file at the child day care center, available for inspection by the Office or its designees at any time, the following records in a current and accurate manner: daily attendance records, which must be filled out at the time a child arrives and departs, and must include arrival and departure times.

Some friendly reminders so these common violations don't happen to you:

- Take the time to schedule your training before it expires. Contact Child Care Connections for upcoming training you may need.
- Check your children's files on a monthly basis. Be sure your records are up to date and have open and ongoing conversations with parents about what documents are needed to keep your program in compliance and the children safe and healthy.
- Conduct an evacuation drill monthly while varying the times, days and exit used. Don't forget to document. Mark your calendar so you don't forget.
- Walk through your program on a daily basis with fresh eyes. Be sure your fences, gates and railings are installed properly and don't need repair. Contact Child Care Connections for a safety checklist you can complete on a daily basis.
- You may use only form LDS-4443 or a prior OCFS approved attendance form to document the children in your attendance. You must document the time in and out, as well as the daily health check of each child. The form helps you with proper supervision, appropriate billing, health of the children, and professionalism of your program. Using your smartphone, random scrap paper or notebooks are not approved attendance forms.

*Submitted by Kerry Wolfel*

# COLOR FOR A CAUSE EVENT

## OOOPS... WE DID IT AGAIN



Child Care defended our **Best Mural** title once again at the 2019 Color for a Cause Event!



The competition was strong, but our teamwork and creativity won over the judge, earning us our title and a \$250.00 donation!

## PARENTS & CAREGIVERS



### CAR SEAT DANGERS

According to the American Academy of Pediatrics Guidelines for Infant Sleep Safety and SIDS Risk Reduction recommends to always use a firm sleep surface.

Since the AAP recommended all babies should be place on their backs to sleep in 1992, deaths from SIDS have decline dramatically. But sleep-related deaths from other causes, including suffocation, entrapment and asphyxia, have increased.

The Child Care Regulations are created and updated due to real dangers and current research that arise for the safety of our

children. Child Care Providers and parents need to be aware of the real dangers of letting your children sleep in car seats or other areas not approved or recommended for infants and young children.

417.7 (j) Family Day Care

416.7 (j) Group Family Day Care

418.7 (m) Day Care Centers

**Regulation states:** Children may not sleep or nap in car seats, baby swings, strollers, infant seats or bouncy seats. Should a child fall asleep in one of these devices, he or she must be moved to a crib/cot or other approved sleeping surface.

For more information visit: <https://healthychildren.org/English/news/Pages/AAP-Expands-Guidelines-for-Infant-Sleep-Safety-and-SIDS-Risk-Reduction.aspx>

*Submitted by Kerry Wolfel*

## HEALTH & NUTRITION

### ARSENIC AND LEAD ARE IN YOUR FRUIT JUICE

*What you Need to Know*



Consumer Reports tested 45 popular fruit juices sold across the country—including apple, grape, pear and fruit blends - and found elevated levels of those elements, commonly known as heavy metals, in almost half of them, including juices marketed for children.

More than 80 percent of parents of children age 3 and younger give their kids fruit juice at least sometimes, according to a recent national Consumer Reports survey of 3,002 parents. In 74 percent of those cases, kids drink juice once a day or more.

The harmful effects of heavy metals are well-documented. Depending on how long children are exposed to these toxins and how much they are exposed to, they may be at risk for lowered IQ, behavioral problems (such as ADHD), type 2 diabetes and cancer, among other health issues. According to Jennifer Lowry, M.D., “Exposure to these metals early on can affect their whole life trajectory.”

For more information about the Consumer Reports tests and to find out what products were used, visit the following links:

[https://www.consumerreports.org/food-safety/arsenic-and-lead-are-in-your-fruit-juice-what-you-need-to-know/?fbclid=IwAR0aorIiAXGPWkxXS\\_Z\\_4WiPk\\_ZWnOMsUKHgQjcP4J00SO1B-vXw\\_dr33xU#chart](https://www.consumerreports.org/food-safety/arsenic-and-lead-are-in-your-fruit-juice-what-you-need-to-know/?fbclid=IwAR0aorIiAXGPWkxXS_Z_4WiPk_ZWnOMsUKHgQjcP4J00SO1B-vXw_dr33xU#chart)

[https://www.webmd.com/diet/news/20190130/heavy-metals-found-in-popular-fruit-juices?fbclid=IwAR017SPGA2dsg4SkKP9\\_Ih6mwFemyBloIH\\_u8fRi6ImRyTm29kw9w2eeEQ](https://www.webmd.com/diet/news/20190130/heavy-metals-found-in-popular-fruit-juices?fbclid=IwAR017SPGA2dsg4SkKP9_Ih6mwFemyBloIH_u8fRi6ImRyTm29kw9w2eeEQ)

(CR’s secret shoppers found that all the products were still available as of November 2018)

*Submitted by Jessica Markle*

## TRAINING INFORMATION

### TOPICS COVERED IN TRAININGS

1. Principles of Development
2. Nutrition and Health Needs
3. Child Day Care Program Development
4. Safety and Security Procedures
5. Business Record Maintenance and Management
6. Child Abuse and Maltreatment Identification and Prevention
7. Statutes and Regulations Pertaining to Child Abuse and Maltreatment
8. Statutes and Regulations Pertaining to Child Day Care
9. Education and Prevention of Shaken Baby Syndrome

### TRAINING EXPECTATIONS

- **Payment** is due at time of registration.
- Please note **registration due dates**.
- **Children are not permitted** to attend any trainings.
- **Classes will be cancelled** when enrollment is not adequate.
- **No refunds!** Refunds are only given if training is cancelled or rescheduled by Child Care Connections.
- **Classes will start on time!** Doors are opened 15 minutes prior to class and are locked at start of class for security of participants.

### CPR AND FIRST AID CLASSES

**Saturday, April 20, 2019 • 10:00AM-3:00PM**  
Kingston City Library (55 Franklin St • Kingston)  
To Register: <http://voicelsea.org/>

**Saturday, May 4, 2019 • 9:00AM-3:00PM**  
Hudson Office (166 Fairview Ave • Hudson)  
To Register: Contact National Safety Council  
518-438-2365 or [www.safetycouncilny.com](http://www.safetycouncilny.com)

**Saturday, June 8, 2019 • 10:00AM-3:00PM**  
Saugerties Public Library (91 Washington Ave • Saugerties)  
To Register: <http://voicelsea.org/>

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**MARGE GAGNON**  
PHONE • 845.706.6459  
EMAIL • [rwscrc@aol.com](mailto:rwscrc@aol.com)

**NATIONAL SAFETY COUNCIL**  
PHONE • 518.438.2365  
EMAIL • [www.safetycouncilny.com](http://www.safetycouncilny.com)



### VIDEO CONFERENCES

**April 11th • 6:45PM-9:15PM**  
*Nutrition*

**July 16th • 6:45PM-9:15PM**  
*Child Abuse & Maltreatment*

**November 6th • 6:45PM-9:15PM**  
*Safety*

**TO REGISTER VISIT:**  
<http://www.ecetp.pdp.albany.edu/signup.shtm>

## TRAINING CALENDARS

| APRIL |    |    |                                      |                           |    |                     |
|-------|----|----|--------------------------------------|---------------------------|----|---------------------|
| S     | M  | T  | W                                    | TH                        | F  | S                   |
|       | 1  | 2  | 3                                    | 4                         | 5  | 6                   |
| 7     | 8  | 9  | 10                                   | 11<br>VIDEO<br>CONFERENCE | 12 | 13                  |
| 14    | 15 | 16 | 17                                   | 18                        | 19 | 20<br>CPR/FIRST AID |
| 21    | 22 | 23 | 24<br>GEARING UP FOR<br>KINDERGARTEN | 25                        | 26 | 27                  |
| 28    | 29 | 30 |                                      |                           |    |                     |



| MAY |    |    |                          |                                 |    |                    |
|-----|----|----|--------------------------|---------------------------------|----|--------------------|
| S   | M  | T  | W                        | TH                              | F  | S                  |
|     |    |    | 1                        | 2                               | 3  | 4<br>CPR/FIRST AID |
| 5   | 6  | 7  | 8                        | 9                               | 10 | 11                 |
| 12  | 13 | 14 | 15                       | 16                              | 17 | 18                 |
| 19  | 20 | 21 | 22<br>CACFP<br>REFRESHER | 23<br>RESILIENCE<br>CHILD ABUSE | 24 | 25                 |
| 26  | 27 | 28 | 29                       | 30                              | 31 |                    |

| JUNE |    |    |    |                  |    |                    |
|------|----|----|----|------------------|----|--------------------|
| S    | M  | T  | W  | TH               | F  | S                  |
|      |    |    |    |                  |    | 1                  |
| 2    | 3  | 4  | 5  | 6                | 7  | 8<br>CPR/FIRST AID |
| 9    | 10 | 11 | 12 | 13<br>RESILIENCE | 14 | 15                 |
| 16   | 17 | 18 | 19 | 20               | 21 | 22                 |
| 23   | 24 | 25 | 26 | 27               | 28 | 29                 |
| 30   |    |    |    |                  |    |                    |



## TRAININGS

### GEARING UP FOR KINDERGARTEN

#### "HOW LITERACY SKILLS CAN SHAPE A CHILD'S LEARNING EXPERIENCES"

*Presented by Becky Boushie (Early Literacy Project Coordinator)*

**Wednesday, April 24, 2019 • 6:30PM-8:30PM**  
**Hudson Office (160 Fairview Ave, Suite 914• Hudson)**

Do you have a child in your daycare that will soon be transitioning to Kindergarten? This training will cover topics such as skills they may need to know in Kindergarten, tips and ideas to make the transition easier (for you, for the child and to share with parents), and how early literacy skills form the foundation for many of those skills they need.

Topics: 1, 2 & 3  
 Registration Due Date: Wednesday, April 17, 2019  
 Fee: \$20  
 Minimum class size: 3 • Maximum class size: 10  
 Target Audience: All Modalities

### CACFP REFRESHER & TRICKS OF THE TRADE!

*Presented by Cindy Eggers*

**Wednesday, May 22, 2019 • 6:00PM-8:00PM**  
**Heidi's House Daycare (17 Lafayette St • Saugerties)**

**All CACFP providers are required to have at least one hour of nutrition training a year, so why not make it a fun one?**

In addition to reviewing all of the **NEW** CACFP regulations, including whole grain rich items, this CACFP provider meeting will give child care professionals who are enrolled in CACFP an opportunity to network with other programs, share menu ideas, and offer or receive support from others in the same field.

**\*2 HOURS OF NUTRITION TRAINING WILL BE GIVEN\***

Topics: 2  
 CBK: 5.9 & 5.10  
 Registration Due Date: Wednesday, May 15, 2019  
 Fee: FREE for all CACFP Providers  
 Minimum class size: 3 • Maximum class size: 10  
 Target Audience: FDC & GFDC

### CHILD ABUSE & MALTREATMENT IDENTIFICATION & PREVENTION INCLUDING SHAKEN BABY SYNDROME

*Presented by Katrina Lalonde*

**Thursday, May 23, 2019 • 6:00PM-9:00PM**  
**FOW (166 Albany Ave • Kingston)**

This workshop will review the indicators of child abuse and maltreatment and examine your responsibility as a mandated reporter. We will learn about what Child Abuse can look like, we will define neglect and maltreatment, and we will define "reasonable cause to suspect." The training will allow us to share, honoring confidentiality, scenarios that others may have encountered. We will end with how to prevent and identify the health related tragedy, Shaken Baby Syndrome (SBS) and Sudden Infant Death Syndrome (SIDS).

Topics: 5, 6, 7, 8 & 9  
 Registration Due Date: Thursday, May 16, 2019  
 Fee: \$20  
 Minimum class size: 3 • Maximum class size: 10  
 Target Audience: All Modalities

### RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

*Presented by Kerry Wolfel*

**Thursday, May 23, 2019 • 6:30PM-8:30PM**  
**Hudson Office (160 Fairview Ave, Suite 914 • Hudson)**

As childcare providers and the community as a whole, we must reframe our minds and our programs to work more effectively with children who have Adverse Childhood experiences (ACE's), as nearly 35 million U.S. children have experienced one or more ACE. ACE's lead to toxic stress, which can cause serious health risks including anxiety, cardiovascular health, behavioral problems and more.

See the ground breaking film and discuss what ACE's mean for your program! This training will include, but is not limited to, the study of ACE's, what ACE's is, how to find one's ACE's score and how ACE's effect children.

Topics: 1 & 3  
 Registration Due Date: Thursday, May 16, 2019  
 Fee: \$20  
 Minimum class size: 3 • Maximum class size: 10  
 Target Audience: All Modalities

### BUILDING RESILIENCE IN CHILDREN

*Presented by Katrina Lalonde*

**Thursday, June 13, 2019 • 6:00PM-9:00PM**  
**FOW (166 Albany Ave • Kingston)**

As childcare providers and the community as a whole, we must reframe our minds and our programs to work more effectively with children who have Adverse Childhood experiences (ACE's), as nearly 35 million U.S. children have experienced one or more ACE. ACE's lead to toxic stress, which can cause serious health risks including anxiety, cardiovascular health, behavioral problems and more.

See the ground breaking film and discuss what ACE's mean for your program! This training will include, but is not limited to, the study of ACE's, what ACE's is, how to find one's ACE's score and how ACE's effect children.

Topics: 1, 2, 3 & 6  
 CBK: 1.2 & 1.3  
 Registration Due Date: Thursday, June 6, 2019  
 Fee: \$20  
 Minimum class size: 3 • Maximum class size: 10  
 Target Audience: All Modalities

# ON SITE TRAINING JUST FOR YOU

If you would like to gain more knowledge about a specific topic, an individualized training can be set up to address your needs.

If you would like to earn training credit through Intensive Technical Assistance consider the following:

|                          |                       |                             |                        |
|--------------------------|-----------------------|-----------------------------|------------------------|
| PROGRAM DEVELOPMENT      | CHILD DEVELOPMENT     | SAFETY & SECURITY           | MARKETING/ ADVERTISING |
| REGULATIONS AND POLICIES | BUSINESS MANAGEMENT   | HEALTH CARE NEEDS           | PROGRAM EXPANSION      |
| ROOM ARRANGEMENTS        | STORY TIME ACTIVITIES | MENUS MADE SIMPLE           | NUTRITION              |
| GET ORGANIZED            | BEHAVIOR MANAGEMENT   | PARENT COMMUNICATION        | BUBBLE BOX             |
| SAND PLAY                | MINUTE IT TO WIN IT   | TAKE A BITE OUT OF THE BOOK | CREATE A WEBSITE       |

Contact us at (845) 331-7080 (Ulster) or (518) 822-1944 (Columbia/Greene) to request a session or for additional information.

# OCFS Approved Distance Learning

Go to [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu)

| COURSE TITLE                                  | HOURS | OCFS TOPICS   |
|-----------------------------------------------|-------|---------------|
| Early Intervention                            | 1.5   | 1 • 4         |
| Emergency Preparedness                        | 1.5   | 4 • 7         |
| Family Engagement                             | 1.0   | 3 • 4         |
| Keeping Children Safe                         | 1.5   | 1 • 3 • 4 • 7 |
| Infant Brain Development                      | 1.0   | 1 • 3         |
| Mandated Reporter Training                    | 2.0   | 5 • 6 • 8     |
| Managing Challenging Behavior                 | 1.5   | 1             |
| Obesity Prevention                            | 2.0   | 2             |
| Preventing SBS                                | 1.0   | 1 • 9         |
| Preventing SIDS & Promoting Safe Sleep        | 1.0   | 1 • 3 • 4 • 7 |
| School Age Child Care                         | 1.5   | 1 • 3 • 4     |
| Supervision of Children                       | 1.5   | 4             |
| Transportation                                | 2.0   | 3 • 4 • 7     |
| Expulsion & Supervision Prevention Strategies | 1.5   | 1 • 3 • 4 • 8 |



Check out our website for events and additional training opportunities:

[www.ccconnectionsny.org](http://www.ccconnectionsny.org)

## PROVIDER NEWS...

## MARK YOUR CALENDARS...

*Registration Opens June 1, 2019*

MID HUDSON VALLEY  
LEADERSHIP DAY  
Engage • Inspire • Celebrate

*Save the Date...*

## MID HUDSON VALLEY LEADERSHIP DAY

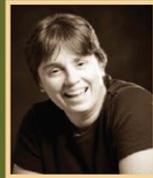
Celebrate Owners, Directors, Assistant Directors, Education Coordinators, Administrators, and anyone who supervises and supports staff in the Early Childhood Profession.

The Chateau, Kingston, NY • **Friday, October 25, 2019** • 8:00 am - 3:30 pm

Professional Learning,  
Networking, Vendors and Giveaways!

Hosted by: Ulster BOCES,  
Family of Woodstock and Community Playthings

- Event website:  
familyofwoodstockinc.org/mid-hudson-valley-leadership-day
- Questions: Michelle Friedel, mfriedel@ulsterboces.org



Keynote :

**Jeanine K. Fitzgerald**  
Working with Multi  
Stressed Families  
www.jeaninefitzgerald.com

### FINDINGS FROM NYS SUSPENSION & EXPULSION SURVEY

**12,000+** RESPONSES *Greatest percentage of responses were from Child Care Centers*

**12%** asked children to leave their program (*IE: Expelled children*) over the past year.

**12** INFANTS

**38** TODDLERS (1-2 YEAR OLDS)

**149** PRESCHOOLERS (3-5 YEAR OLDS)



The number of preschool children suspended & expelled in NY is more than **TRIPLE** that of Kindergarten –12th grade combined!

*Submitted by Jessica Markle*

## EMPLOYEE NEWS



Bonnie Kudlacik, Ulster County Registrar, has retired. She was a great resource and a fabulous registrar for more than 16 years with Family of Woodstock, Inc.

Bonnie has been enjoying her retirement, doing new activities and spending time with her mother and sisters.

We wish her well and hope she knows how much she is missed!

*Submitted by Kerry Wolfel*

## AGENCY NEWS

# WooHoo!!

**Successful completion of your FDC Renewal (12/01/18 –2/28/19)**

Carrie's Angels Childcare, LLC (Carrie Simonini), Susan Flores, Doris Forte, Lorraine Johnson-Clark, & Miss Jeans Preschool & Family Daycare (Jean Bobadilla)

**Successful completion of your GFDC Renewal (12/01/18-2/28/19)**

Ruthann Almquist & Apple Tree Daycare (Tracee Turner)

**Successful completion of your DDC Renewal (12/01/18-2/28/19)**

Agri Business Child Development (Flor Espinosa Araque), Learning Together (Robert Masloski), Little Friends Pre-School, LLC (Nicole Beck), Stepping Stones (Megan Lahar), Ulster County Community College Daycare (Maria Gruen), Columbia Opportunities, Inc. (Jaclyn Dixon), Mrs. Puddle Duck's (Paige Jones) & United Methodist Church Day Care (Corie Litchko)

**We welcomed 1 new FDC Providers (12/01/18-2/28/19)**

Ashley Bangert

**We welcomed 2 new DCC Provider (12/01/18-2/28/19)**

Children's Workshop of the Catskills, Inc (Samantha Williams) & Little Explorers Nursery School & Day Care Center (Jeana Fanelli)

*Submitted by Kerry Wolfel*

## SPECIAL THOUGHTS

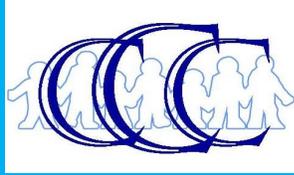


Children don't  
need more  
things. The best  
toys a child can  
have is a parent  
who gets down  
on the floor and  
plays with  
them."



*Submitted by Khadijah Ward*

Child Care Connections  
serving Columbia, Greene, & Ulster Counties



Keeping child care programs, parents & communities connected  
PO Box 3516 • Kingston NY 12402

**Your Child Care Connections Staff:**

Team Leader (All areas) • Kerry Wolfeil, (845) 331-7080, ext. 134

**Ulster County Staff • (845) 331-7080**

Program Director • Penny Dombrowski, ext. 132

Assistant Program Director • Cindy Eggers, ext. 130 & Jessica Markle, ext. 126

Registrars • Katrina LaLonde, ext. 138 & Penny Dombrowski, ext. 132

Food Program • Cindy Eggers, ext.130 & Lindy Pagliaroni ext. 137

Parent Counselor • Jessica Markle, ext. 126

Legally Exempt Enrollment • Lindy Pagliaroni, ext. 137, TBD

Trainings • Jessica Markle, ext. 126

IT Specialist • Ashley Murray, ext. 173

Reception • Margie Knox, ext. 101

**Columbia & Greene County Staff • (518) 822-1944**

Program Director • Suzanne Holdridge, ext. 105

Assistant Program Director • Kristin Scace, ext. 104

Registrar • Teresa Lewis, ext. 101

Food Program • Laurie Harden, ext. 102 & Kristin Scace, ext. 104

Parent Counselor • Kristin Scace, ext. 104

Trainings • Kristin Scace, ext. 104

Legally Exempt Enrollment • Laurie Harden, ext. 102

IT Specialist • Ashley Murray, ext. 106

Intake Manager • Dawn Meyer, ext. 100

**Columbia County Child Care Subsidy Staff • (518) 822-0087**

Program Director • Samantha Held, ext. 102

Assistant Program Director • Estuardo Rodriguez, ext. 101

Case Worker • Aisha Hart, ext. 2208



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