



CHILD CARE COUNCIL
Serving Columbia, Greene and Ulster Counties

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Assistant Program Director - Penny Dombrowski, ext. 132

Registrars - Bonnie Kudlacik, ext. 138 and Diann Keyser, ext. 135

Parent Counselor - Jessica Markle, ext. 126

Food Program - Cindy Eggers, ext.130 and Tamar Reed ext. 137

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Assistant Program Director - Suzanne Holdridge, ext. 101

Registrars - Suzanne Holdridge, ext. 101 and Carey Braidt, ext. 103

Parent Counselor - Kristin Scace, ext. 104

Food Program - Carey Braidt, ext. 103

Trainings - Carey Braidt, ext. 103

Legally Exempt Enrollment - Laurie Vogel, ext. 102

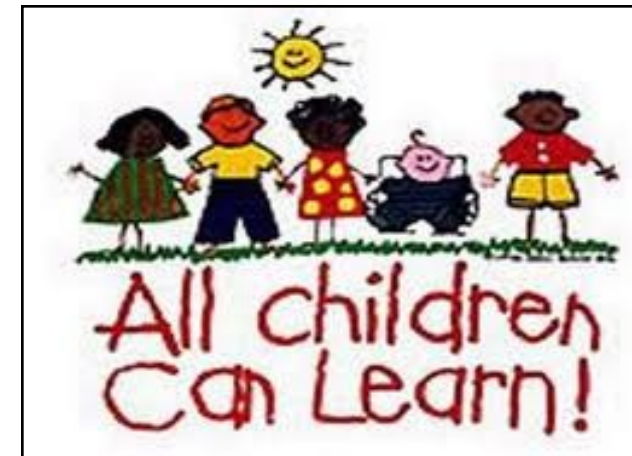


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JESSICA MARKLE

Learning Disabilities in Children



EARLY HELP MAKES A DIFFERENCE

2013/2014

What's inside:

- *What are learning disabilities*
- *Different types of learning disabilities*
- *Signs of Learning disabilities*
- *Treatments for Learning disabilities*
- *Coping with Learning disabilities*

What are Learning Disabilities?

Learning disabilities result from a variation in your child's central nervous system functioning. Learning disabilities tend to run in families. About 50% of these children have a parent, sibling, or extended family member with a similar difficulty.

Learning disabilities can vary in severity. They may affect a single learning task like spelling, or they can influence many of them, like reading, writing, and listening comprehension.

Learning disabilities can last a lifetime, becoming more or less obvious depending on the academic and other learning demands. However, with help the learning disabilities often tend to improve.

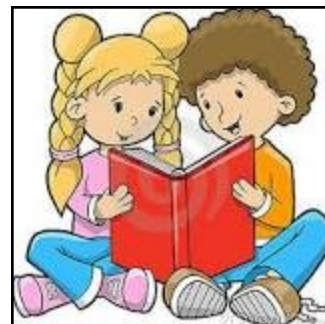


The Impact of Common Learning Disabilities?

Learning disabilities generally affect 3 general skill areas:

1. Academic skills such as reading, writing, spelling, and arithmetic
2. Language and speech skills such as listening, talking, and understanding
3. Motor-sensory integration skills, such as coordination, balance, and writing

When problems exist in any of these areas, there is a breakdown in one or more stages of learning.



Professional Development Program (2011). *Obstacles to Children's Learning: Learning Disorders and ADHD*. Albany, NY.



What is Dyslexia ? National Institute of Mental Health
www.nclد.org/types-learning-disabilities/dyslexia/what-is-dyslexia



Attention Deficit Hyperactivity Disorder National Institute of Mental Health
www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml



Autism Spectrum Disorder National Institute of Mental Health
<http://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-pervasive-developmental-disorders/>

Mission Statement:

To support the community by expanding and promoting high quality Child Care that meets the needs of children & their families.
Visit our website www.familyofwoodstockinc.org

RESOURCES

ULSTER COUNTY DEPARTMENT OF SOCIAL SERVICES

Early Intervention and Preschool Special Education Programs

<http://ulstercountyny.gov/social-services/early-intervention-and-preschool-special-education-programs>

Columbia County Early Intervention

<http://www.columbiacountyny.com/depts/health2/intervention.html>

Greene County Early Intervention

<http://eclgreenecounty.org/EarlyIntervention.html>

NY State Department of Health Early Intervention

http://www.health.ny.gov/community/infants_children/early_intervention/**KINGSTON CITY SCHOOL DISTRICT**

Special Education Programs

<http://www.kingstonschools.org/departments.cfm?subpage=943843>**NEW YORK STATE SPECIAL EDUCATION**<http://www.p12.nysed.gov/specialed/>**ACADEMY OF ORTON-GILLINGHAM**

Dyslexia

<http://www.ortonacademy.org/index.php>

“For someone diagnosed with a learning disability, it can seem scary at first. But a learning disability doesn’t have anything to do with a person’s intelligence-after all successful people such as Walt Disney, Alexander Graham Bell, and Winston Churchill all had learning disabilities.”

(Professional Development Program, 2011)

DYSLEXIA

What is Dyslexia

- Specific in reading, writing, and auditory processing
- Difficulty with word recognition decoding & spelling (letter recognition)
- Problems with reading comprehension vocabulary
- Neurological and often genetic

Signs in Young Children

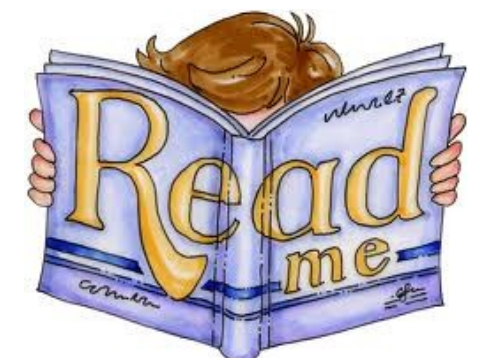
- Trouble with recognizing letters, matching letters, pronouncing words, learning & correctly using vocabulary words, learning alphabet and numbers.

Signs in School-Age Children

- Trouble with rules of spelling, remembering facts & numbers, handwriting, learning new skills, reading & spelling (reversing letters), following a sequence, and math word problems.

Treatment

1. Help to identify a learning disability as soon as possible.
 2. Help from a tutor, teacher, or trained professional.
 3. Expose child to early oral reading, writing, & drawing.
 4. Encourage development of print knowledge and basic letter.
 5. Have child practice reading different texts.
 6. Practice using sight, sound, & touch while introducing new ideas.
- * Multisensory teaching techniques and strategies stimulate learning by engaging students on multiple levels. They encourage students to use some or all their senses.



ADD / ADHD

What is ADHD?

Attention deficit hyperactivity disorder (ADHD) is a disorder that appears in early childhood. You may know it by the name *attention deficit disorder*, or ADD. ADD/ADHD makes it difficult for people to inhibit their spontaneous responses—responses that can involve everything from movement to speech to attentiveness.

- Attention deficit hyperactivity disorder (ADHD) is one of the most common childhood disorders and can continue through adolescence and adulthood
- Children have a hard time staying focused & paying attention
- Have difficulty controlling behavior
- Over active

Signs of ADHD

INATTENTION

Easily distracted, forgets things, difficulty focusing, becomes bored, daydreams, becomes confused, and moves slowly

HYPERACTIVITY

Fidgets, talks non-stop, trouble sitting still, and is in constant motion

IMPULSIVITY

Impatient, blurts out inappropriate comments, shows emotions, often interrupts, and difficulty waiting for thing

Causes of ADHD

Many studies suggest that genes play a large role in ADHD however, scientist are not exactly sure what causes ADHD.

Treatment

There is **NO CURE!**

However, treatments include medication, various types of psychotherapy education or training, or a combination of treatments.



AUTISM

What is Autism

Autism Spectrum Disorder (ASD) is a group of developmental brain disorders. There are varying degrees of autism including; social interaction, verbal & non-verbal communication, repetitive behaviors, difficulties in motor coordination & attention. Some autistic children excel in visual skills, music, math, and art.

There are 5 disorders of Autism:

1. Autistic disorder
2. Asperger's disorder
3. Pervasive development disorder
4. Rett's disorder
5. Childhood disintegrative disorder



Signs of Autism

Most obvious signs tend to emerge between 2 and 3 years of age. There are 3 areas that are usually affected by autism:

1. Social impairment
2. Communication difficulties
3. Repetitive & stereotyped behaviors

Causes of Autism

There is no one cause and no one type of autism. Rare gene changes, mutations, and environmental factors all influence early brain development which in fact can affect children.

Treatments of Autism

****START AS SOON AS CHILD IS DIAGNOSED WITH ASD**

- It is recommended that children receive a number of vaccines early in life to protect against dangerous infectious diseases
- Treating ASD early using school based programs and proper medical care can reduce ASD symptoms
- Early intervention
- Provide challenging learning activities
- Special training for parents & families
- Have a structured routine

