



Child Care Chatter

Resource for Child Care information

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ACTIVITIES & FUN	2	<p>Child Care Connections is happy to announce that 15 hours of training will be offered for all new child care professionals and also as a refresher to those already in the field.</p> <p>The New York State Quality Child Care & Protection Act of 2000 requires providers, staff, caregivers and volunteers with regular and substantial contact with children working in licensed and regulated child day care programs to receive 30 hours of training covering the required topic areas every two (2) years for the life of employment or operation of child care business. Fifteen (15) hours of training must be completed within the first six (6) months of employment or opening your own child care business.</p> <p>Required training topics are:</p> <ol style="list-style-type: none"> 1. PRINCIPLES OF CHILDHOOD DEVELOPMENT, FOCUSING ON THE DEVELOPMENTAL STAGES OF THE AGE GROUPS FOR WHICH THE PROGRAM PROVIDES CARE 2. NUTRITION AND HEALTH NEEDS OF INFANTS AND CHILDREN 3. CHILD DAY CARE PROGRAM DEVELOPMENT 4. SAFETY AND SECURITY PROCEDURES 5. BUSINESS RECORD MAINTENANCE AND MANAGEMENT 6. CHILD ABUSE AND MALTREATMENT IDENTIFICATION AND PREVENTION 7. STATUTES AND REGULATIONS PERTAINING TO CHILD DAY CARE 8. STATUTES AND REGULATIONS PERTAINING TO CHILD ABUSE AND MALTREATMENT 9. EDUCATION AND INFORMATION ON THE IDENTIFICATION, DIAGNOSIS AND PREVENTION OF SHAKEN BABY SYNDROME <p>Child Care Connections will be offering the low cost training series to allow for the completion of the 9 topics and 15 hours in the first 6 months of employment or opening your own child care business. Trainings will be offered in the evenings 3 hours per month for 5 months. The training series will be offered twice this year. Video conferences will also be offered in Ulster County, along with some other training topics offered by our sister office in Hudson.</p> <p>Caring for children is a rewarding and demanding profession. Training is essential to protecting children’s health and safety as well as promoting their growth and development. Many successful child care professionals go beyond the required 30 hours every 2 years of training to further their career and enhance the quality of care they offer. You can too!</p>
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ACTIVITIES & FUN...

LET YOUR CHILDREN BECOME SCIENTISTS CANDY CORN VOLCANO

MATERIALS

- Funnel
- Baking Soda
- Squirt Bottle
- Play dough (Yellow, Orange, White)
- Vinegar

DIRECTIONS

1. First roll the play dough really thin and then wrap it around the funnel, covering the bottom with yellow, the middle with orange, and the top with white.
2. Use one of the empty Play-Doh canisters to hold our baking soda. It fit perfectly under the funnel.
3. Take the vinegar and put it in the squirt bottle.
4. Let children squirt the vinegar into the opening of the volcano and watch it erupt!



OPTIONS

add glitter to the baking soda

add food coloring to the vinegar

EXPLAIN THE SCIENCE BEHIND THE ACTIVITY FOR OLDER CHILDREN...

CHEMICAL REACTION OCCURRED. COMBINING THE VINEGAR (AN ACID) WITH THE BAKING SODA (A BASE) RESULTS IN AN ENTIRELY NEW SUBSANTANCE, CARBON DIOXIDE!

NEWS FROM OUR HEALTHCARE CONSULTANT...



The U.S. Department of Education and Health and Human Services released a policy statement highlighting the importance of making sure that all young children with disabilities have access to inclusive high quality early childhood programs, where they are provided with individualized and appropriate support in meeting high expectations.

Children with disabilities and their families continue to face significant barriers to accessing inclusive high-quality early childhood programs, and too many preschool children with disabilities are only offered the option of receiving special education services in settings separate from their peers without disabilities.

The ED/HHS policy statement:

- Sets an expectation for high-quality inclusion in early childhood programs
- Highlight the legal and research base for inclusion
- Identify challenges to adopting inclusive practices
- Provides recommendations to States and local programs and providers for increasing inclusive early learning opportunities for all children
- Links to free resources for States, local programs and providers, and families that have been developed to support inclusion of children with disabilities in high-quality early education programs.

For more information: <http://www.acf.hhs.gov/programs/ecd>

CHILD HEALTH & NUTRITION...**CAULIFLOWER POPCORN****INGREDIENTS**

- 1 head cauliflower
- 3T extra virgin olive, grape seed or coconut oil (warmed to liquid state)
- 1/2-1tsp salt
- 3Tbsp grated parmesan (optional)

DIRECTIONS

1. Preheat oven to 425 degrees.
2. Trim the cauliflower heads (reserve the core and stems for another use). Cut florets into the size of ping pong balls.
3. Put salt and oil in large bowl and mix.
4. Add cauliflower and toss well, ensuring that the pieces are evenly coated.
5. Spread florets on baking sheet lined with parchment paper.
6. Roast for an hour, turning the pieces about every 15 minutes (All sides of each floret should be well caramelized).
7. Place in serving bowl and serve warm.

OPTION: TOSS WITH GRATED PARMESAN CHEESE!

Greene County Chamber of Commerce Women in Business Luncheon

Sue and Krissy had a wonderful time at the Women in Business luncheon sponsored by the Greene County Chamber of Commerce. Benita Zahn shared about finding joy in everyday life which is important for all of us. She shared a few stories about the importance of taking care of yourself, especially working women. She stressed the too often occurrence that as women we tend to take care of everyone else's needs before our own needs. Often times women get so busy doing all that needs to be done, that we do not slow down to appreciate the things in life that bring us joy. As care givers it is sometimes hard to find time to take care of ourselves. Benita stressed the necessity of self care and looking for the positive in our busy lives.



REGISTRATION & LICENSING...**UNION NEWS...**

We are pleased to announce that CSEA will rebate up to \$1,500 in premiums paid for health insurance purchased through the NY State of Health marketplace (NYSOH) in 2015 for licensed group, registered family, and enrolled legally-exempt child care providers outside NYC.



We are also pleased to announce that a tuition assistance benefit is now available to all child care providers living outside New York City. Receive up to 2 vouchers or reimbursements for credit bearing course work leading to a CDA, Associates or Bachelors degree in early learning and care education.

Applications will be accepted through March 2016.

**** FOR MORE INFORMATION VISIT: <http://voiccecsea.org> ****

PARENTS & CAREGIVERS...**BIRCKMAYER'S 7 PRINCIPLES OF DISCIPLINE****Focus on DO rather than DON'T**

Tell children what they *can* do instead of what they *can't* do. If caregivers restrict their use of strong negative words to critical situations of great importance, children are more likely to hear and respect the words their caregivers use.

Protect and preserve children's feelings that they are lovable and capable

People need big strong "I AM LOVABLE AND CAPABLE" if they are to love and be loved, and if they are to feel good about their capacity to learn and to function well in the world.

Offer children choices only when you are willing to honor their decisions

We want children to like us and because we want to be polite, we offer children too many or inappropriate choices. Children take us seriously when we offer them a choice.

Change the environment instead of children's behavior

Conflicts arise because some part of the physical setting or environment is inappropriate for young children or because adults expect more control or more mature behavior than children can achieve.

Work *with* children instead of *against* them

Sometimes standing back and observing children and then figuring out (with their help) mutually acceptable ways for them to do what it is they are trying to do can turn a conflict into a pleasant experience.

Give children safe limits they can understand

Children see the world differently from adults. Rules and safety precautions that may be obvious to adults need to be stated and explained clearly and simply to children. Be sure children know your expectations for their behavior.

Set a good example

Speak and act only in the ways you want children to speak and act.



RESOURCE CORNER...



Biting is a stage many young children go through, and like other types of challenging behavior, it is often assumed that the child is by definition angry or frustrated. There are actually many different reasons why children bite.

- Many young children use their mouths to explore the world around them. It is important to have access to toys that are safe for them to put in their mouths.

- Toddlers sometimes bite because they are hungry. If so, trying giving a snack before mealtime.
- Biting often happens when a child is teething. Be sure to have a variety of teething toys as well as chilled teething toys.
- Sometimes children bite when they are trying to express affection and may not even realize that they are biting and hurting you.
- Sometimes classroom environment, personal space, activities (too many or too few), sound level and lighting could all contribute to a child biting.

It is important to track and document a child's behavior to determine why they are biting.

IT IS IMPORTANT TO SUPPORT AND NURTURE THE BITER SO THAT THEY DO NOT THINK OF THEMSELVES AS 'BAD' OR 'UNLOVABLE' WHILE YOU ARE HELPING THEM OVERCOME THEIR PROBLEM WITH BITING.

FROM OUR PROVIDER...

The kids at Speckled Frog Playcare this year were asked by Angie Minew, the owner, what charity they wanted to donate money to. In the past the group as donated to the Saugerties Animal Shelter, held food drives for the food pantry, donated money and time to local business and have raised thousands for the March of Dimes. This year the kids voted to raise money for the Saugerties Food Panty. This past Saturday the group held its first ever starving artist show to benefit the Saugerties Food Pantry. Often food pantries receive canned goods and dry food items but it's the things like toothpaste, deodorant, soaps, feminine products, diapers that are also needed.

I am proud to say that the kids paintings raised \$129.00. Speckled Frog will match that donation to equal an grand total of \$260.00. A check to be presented to the Food Pantry later this week. Angie personally feel it's important to teach the kids to give back into their local community as well as learn that food is a resource we shouldn't waste.



AGENCY NEWS...



Successful completion of your GFDC Renewal (7/14/2015-9/21/2015)

Kelly Camacho, Jata's Care, Inc. (Sujata Sethi), Leah Stier, Deborrah Walthe, DD's Day Care (Diana Davis), Esther De Lemus, Jennifer Teamer, & Appleseeds Children's Studio, Inc. (Nicole Biengardo)

Successful completion of your FDC Renewal (7/14/2015-9/21/2015)

Wendy Bandy, Handle with Care Daycare (Linda Schleede-Jacob), Susanne Reynolds, Cheryl Smith, Debra Snyder, & Helen Wenzel

Successful completion of your DCC Renewal (7/14/2015-9/21/2015)

Circle of Friends (Alice Kearse), Lederman Children's Center (Julianna Muth), & The Little Red Schoolhouse (Kristen Uhl)

Successful completion of your SACC Renewal (7/14/2015-9/21/2015)

O.K. Kids, Inc.-Ichabod Crane Middle School (Denise Holzhauer), O.K. Kids, Inc.-ICC Primary School (Denise Holzhauer), Capital District YMCA-Coxsackie (Stacy Serson-White), Capital District YMCA-Athens (Stacy Serson-White), & YMCA of Kingston & Ulster-Highland Elementary School (Brandon Wind)

We welcomed 3 new FDC Providers (7/14/2015-9/21/2015)

Noah's Ark Childcare (Jillian Kassman), Stacy Amash, & Little Village Playschool (Heather Bunch)

We welcomed 1 new GFDC Provider (7/14/2015-9/21/2015)

Angela Spencer

We welcomed 3 new DCC (7/14/2015-9/21/2015)

North Pointe Inc. (Charlene Antalek), YWCA Ulster County-BOCES Location (Jamie Kesick), & Ellenville Cooperative Nursery School (Katherine Gordon)

We welcomed 1 new SACC (7/14/2015-9/21/2015)

YMCA of Kingston & Ulster County, Inc.-Kerhonkson (Matthew McCluskey)

SPECIAL THOUGHTS...

Officially "Family Ties" youngest reader. Jackson Markle (Jessica Markle's son) is very concerned about the lack of quality child care in our Columbia, Greene and Ulster Counties. Jackson wants you to know to call Child Care Connections for child care program referrals, parenting resources, and training needed as a parent, business or child care program. We are your one stop shop for child care and parenting resources, while working hard to keep child care programs, parents and communities connected! Call us today 518-822-1944 (Columbia/Greene) or 845-331-7080 (Ulster) and check out our website www.cconnectionsny.org.



Child Care Connections

serving Columbia, Greene, & Ulster Counties



Keeping child care programs, parents & communities connected!

Your Child Care Council Staff:

Team Leader (All areas) • Carroll Sisco, (845) 331-7080, ext. 131

Ulster County Staff: (845) 331-7080: In our Kingston office we are happy to serve you: Monday-Thursday, 8am-5pm/ Fridays, 8am-4pm

Program Director • Kerry Wolfeil, ext. 134

Assistant Program Director • Penny Dombrowski, ext. 132

Registrars • Bonnie Kudlacik, ext. 135 & Penny Dombrowski, ext. 132

Parent Counselor • Jessica Markle, ext. 126

Food Program • Cindy Eggers, ext.130 & Lindy Kell ext. 137

Legally Exempt Enrollment • Katrina LaLonde ext. 138 & Lindy Kell, ext. 137

Trainings • Jessica Markle, ext 126

Reception • Margie Knox, ext 101

Columbia & Greene County Staff (518) 822-1944: In our Hudson office we are happy to serve you: Monday-Friday, 8am-4pm

Program Director • Suzanne Holdridge, ext. 105

Assistant Program Director • Kristin Scace, ext. 104

Registrar • Amanda Banks, ext. 103

Parent Counselor • Kristin Scace, ext. 104

Food Program • Laurie Harden, ext. 102 & Kristin Scace, ext. 104

Trainings • Amanda Banks, ext. 103

Legally Exempt Enrollment • Laurie Harden, ext. 102

Health Care Consultant • Jen Klein-Hoey, ext. 101

Intake Manager - TBD, ext. 100



Funded by :

NYS Office of Children & Family Services , USDA Child and Adult Care Food Program , The United Way, National Assoc. of Child Care Resource & Referral

Mission Statement:

To support the community by expanding and promoting high quality Child Care that meets the needs of children & their families.

Child Care Connections is a program of Family of Woodstock Inc., PO Box 3516, Kingston, NY 12402.

A UNITED WAY AGENCY. Visit our website www.cconnectionsny.org