

DOES FAMILY MATTER?



FAMILY MATTERS...

...because the open, non-judgmental nature of our services helps people see value in their lives.

Family's Hotlines and Walk-In Centers help thousands of people each year.

K.L., Walk In Center client: The counseling I received at Family got me through a very difficult time. But the experience I had in the waiting room was just as important. I was always amazed by the spirit and attitude of the people who came in. I believe, like them, I learned how to be grateful.

B.R., Hotline caller: At 70, I began having awful nighttime panic attacks. I have called Family and each time the person who answered listened attentively and kindly. Last night, I received such compassionate feedback and confirmation, worth far more than I can ever say. You people are special. I feel comfortable to share deepest feelings that arise at these ungodly hours...



FAMILY MATTERS...

... because we open the paths to build healthy relationships, free of violence.

Washbourne House, our shelter for survivors of violence, is a safe environment where people can start a new life for themselves and their children.

D.L., former resident: For the first time I know that I'm not going to go back to my abuser. It was hard to recognize when I was at the shelter, but all the support you gave me actually made me feel stronger and more independent. It's hard and it's lonely sometimes, but I'm doing it and I know that I can do it.

S.K., former resident: I just wanted you to know how much you helped me to realize that the abuse was not my fault and that I deserve better.



Evolve is one of Family's violence prevention programs. In 2015 Family opened its first group for women.

C.P., Evolve participant: Sitting in a room with other women talking about abusive relationships was not my idea of fun. "Man up and move on" my Mother used to say. In the group, I realized I have the ability to make someone feel good about themselves. It was a transformation for me. I became myself again after all of the pain and isolation. I'm still working on it.



FAMILY MATTERS...

...because we offer young people the chance to live responsibly on their own and to make positive decisions about their futures.

MidWay provides supported living for teens who would otherwise be homeless.

L.S., resident: MidWay helped me open my eyes. If you're following the program, and paying attention, MidWay gives you the skills to deal. It kinda takes the edge off adulthood, instead of the boot you get when your parents get tired of your crap. It prepares and guides you so that when you do leave, you'll be ready.

One80 is a Juvenile Justice program that creates alternatives for teens whose behavior might otherwise have resulted in arrest.

Trish Cina, UC Probation Supervisor: It is one of the most exciting developments in my career. It is so satisfying to see real change in these kids. They leave being able to wipe the slate clean and hold their heads up.

OVER



*...because we strengthen families and whole communities
by creating safe, supportive environments for children.*

**Child Care Connections refers parents to child care providers
and also trains and supports those providers to improve the quality of care.**

Kayleigh Bubolz, Director, YMCA School's Out Programs: We serve 250 children around the county. Parents want to know that the school day will start positively and end that way too. When Child Care Connections inspects our sites I know I will get helpful feedback on how to improve our service and not just a checklist of problems.

FAMILY's programs at the Everett C Hodge Center in Kingston offer a range of activities for children after school.



Krystal Bullock, parent and part-time employee, at the Everett Hodge Community Center: Every time I have gone to Family for help, at the Hodge Center or uptown, I have gotten what I needed. Kids in the neighborhood need a positive place to go to get help with homework and emotional support. The programs at the Hodge Center have a positive impact on the whole community.



*...because we are a leader in our community,
creating partnerships to solve difficult challenges
like food insecurity.*

**The Food Security Collaborative develops new resources to bring
quality food year round to pantries and feeding programs in
communities and schools.**

Deborah Meyer DeWan, Rondout Valley Growers Association: This year has been a huge leap, with the creation of food distribution centers around the county, each with refrigeration. We also set up multiple kitchens for processing food for the winter. Family is the glue in this effort, coordinating and bringing new partners on board. With Family's leadership, we are building systems to support food security into the future.



*...because we help homeless families find
stability and security in new homes.*

**The Family Inn shelter is more than a bed and food.
The staff connects families to medical services, financial supports
and new places to live. Parents participate in job readiness
and parenting workshops.**

T.K., shelter resident: Being here, I was able to find a job, look for housing and never run out of food. I was able to get insurance and good doctors for my children and myself.

N.M., shelter resident: Family me ha ayudado con muchas cosas importantes para mi, y para mis hijos. Como el obtener la tarjeta de beneficios, y buscando un departamento. También me ayudaron cuando más necesitaba una vivienda.



MATTERS because we are...

- ▶ a lifeline in the middle of the night
- ▶ a pantry putting healthy food on an empty plate
- ▶ a helping hand creating stability with supported housing
- ▶ a shelter.... and a future

*All of us together make this possible. Please attend FAMILY'S fund raising events in your community.
Please give generously to this, our annual appeal. With YOU Family CAN!*