



PARENT CONNECTION

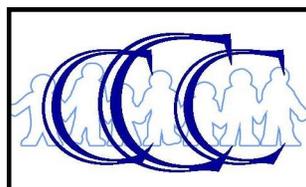
- Save money by making your own cheese sticks! Buy cheese in bulk sizes and cut into individual sticks.
- Create more excitement at lunch by making your own Lunchables. Slice cheese and meat of your choice and serve with crackers. Kids will enjoy making their own mini sandwiches!
- Pizza cutters make cutting and slicing prep faster and easier!...It's not just for pizza ya' know.
- Make lunch quickly by adding new spins to the classic soups! You can discover new meals by adding different soups to pasta to create something more than classic tomato sauce or mac n' cheese. Add in hot dogs or pieces of ham as well for a quick and easy casserole.

- Save money by buying "boat" plates in bulk! It makes cleanup a breeze by helping children to limit spills with curved sides. It also helps children get food on their fork/spoon by using the sides.
- Ever hear about cheerios in the potty when trying to potty train little boys? Well, try skittles instead. Skittles will change the color of the water when the child uses the potty which adds to much more excitement!
- Muffin Tin Meals! They are just so easy and they lend themselves really well to toddler and preschooler eating habits: little bits of this and that, all separated, nothing touching.



39 John St, PO Box 3516 · Kingston
(845) 331-7080
cccouncil@familyofwoodstockinc.org

CHILD CARE CONNECTIONS



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Fall VOLUME 2018 ISSUE 4

PUMPKIN LEAF SEED ART

MATERIALS

Dry pumpkin seeds
Liquid watercolors

DIRECTIONS

Place the seeds into a baggie or container. Add a few squirts of liquid watercolors and seal the baggie. Then shake everything up until the pumpkin seeds are colorful. Add more watercolors if need be, and shake again.

Spread the dyed pumpkin seeds out on a tray or a plate to dry. Once they're dry (the seeds may need to be separated a bit) allow children to create their own colorful fall trees!



FALL READING

Flora's Very Wind Day
By Jeanne Birdsall

Strega Nona's Harvest
By Tomie dePaola

Little Blue Truck's Halloween
By Alice Schertle

The Spooky Wheels on the Bus
By J. Elizabeth Mills

Click Clack Boo!: a Trickey Treat
By Doreen Cronin & Betsy Lewin

Pete the Cat: The First Thanksgiving
By James Dean



160 Fairview Ave, Suite 914 FL 2 · Hudson
(518) 822-1944

cccgc@familyofwoodstockinc.org